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***Regal Energy
Ltd.***

FOR IMMEDIATE RELEASE

TRADING SYMBOL - REG

**REGAL ENERGY LTD. ANNOUNCES FILING OF 2008 RESERVES
DISCLOSURE**

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OR DISSEMINATION IN THE U.S.**

Calgary, Alberta, January 28, 2009 – Regal Energy Ltd. announces that it has filed its statement of reserves data and other oil and gas information, effective September 30, 2008, pursuant to National Instrument 51-101.

A copy of the statement of reserves data and related information can be viewed on Regal's page at www.sedar.com.

For further information, please contact:

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