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Regal Energy Ltd.

FOR IMMEDIATE RELEASE

TRADING SYMBOL - REG

REGAL ANNOUNCES FILING OF 2008 FINANCIAL AND OPERATING RESULTS

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Calgary, Alberta, January 28, 2009 – Regal Energy Ltd. (the "Company") announces that it has filed its audited consolidated financial statements as at September 30, 2008, and management's discussion and analysis for the year ended September 30, 2008.

Corporate Highlights	Three months ended September 30		Year ended September 30	
	2008	2007	2008	2007
Average production (1)(2)		_		
Total (boe/d)	365	154	242	137
Average price				
Equivalent (\$/boe)	59.53	37.69	55.64	40.31
Financial				
Petroleum and natural gas sales (\$)	2,001,143	532,854	4,924,134	2,009,692
Cash flow from (used in) operations (\$)	372,175	(170,619)	713,515	(331,207)
Net loss (\$)	(2,080,194)	(3,743,930)	(3,085,655)	(5,004,495)
Shares outstanding			150,050,209	48,137,590
Proved plus probable reserves				
Total gross barrels of oil equivalent (Mboe) NPV of future net revenue before tax – 10%			1,801	782
(\$000)			24,069	6,165

⁽¹⁾ The three months ended September 30, 2008 includes the results of operations from the Company's wholly-owned subsidiary, G2 Resources Inc

The Company's oil, natural gas liquids and natural gas production averaged 242 boe per day for the year ended September 30, 2008. The Company realized cash from operations for the year of \$713,515; but incurred a loss of \$3,085,655. The Company's total proved and probable reserves increased by 290% to 1.8 million barrels of oil equivalent.

A copy of the audited consolidated financial statements and management's discussion and analysis can be viewed on the Company's page at www.sedar.com.

⁽²⁾ The year ended September 30, 2008 includes the results of operations from the Company's wholly-owned subsidiary, G2 Resources Inc. from July 10, 2008, the date of acquisition.

For further information, please contact:

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The term barrels of oil equivalent (boe) may be misleading, particularly if used in isolation. A boe conversion ratio of 6 mcf: 1 bbl is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead. All boe conversions in this report are derived by converting gas to oil at the ratio of six thousand cubic feet of gas to one barrel of oil. Total boe is calculated by multiplying the daily production by the number of days in the period.

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